

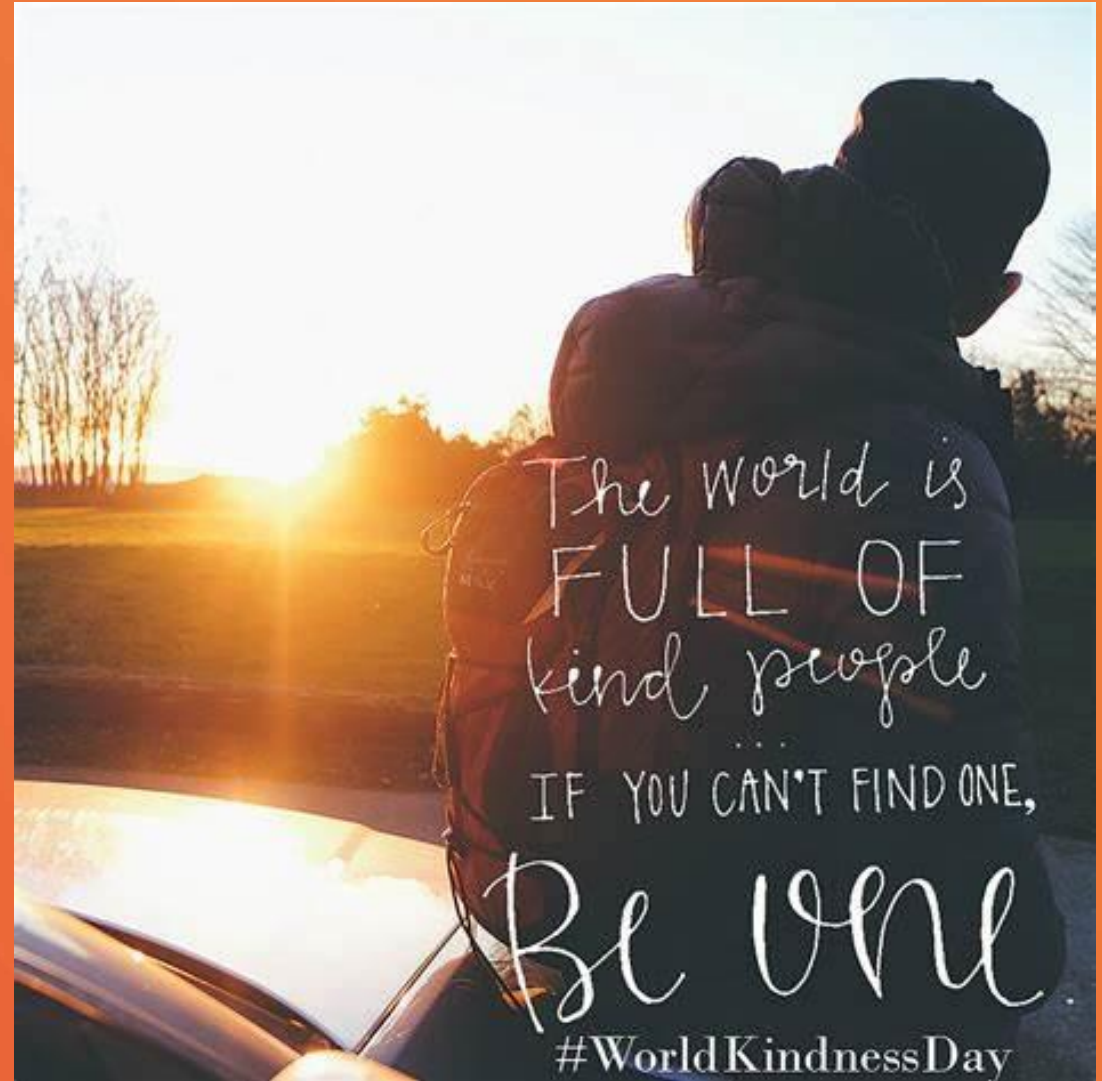




World Kindness Day



13th November 2020



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World Kindness Day – November 13th 2020

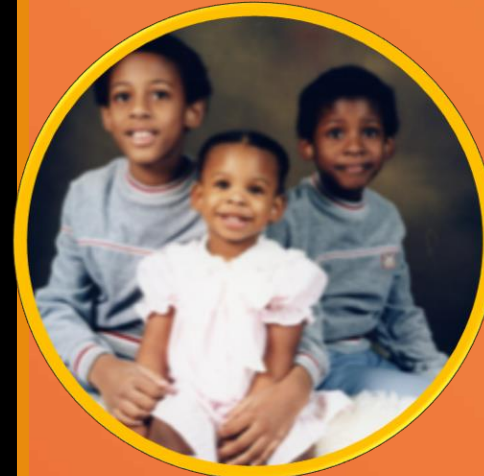
‘No one is born hating another person because of the colour of his skin or his background, or his religion. People must learn to hate, and if they can learn to hate, they can be taught to love, for love comes more naturally to the human heart than its opposite.’ Nelson Mandela

Stephen Lawrence liked helping people. He raised money to help children. He raised money for Great Ormond Street hospital by running the London Mini Marathon in 1988.

When his sister Georgina was born, he stayed close by and grabbed her every time she fell, lifted her up and held on to her. When Georgina got older Stephen used to collect her from Primary School, he was always there, he never forgot. Stephen used to buy chocolate bars and leave them for her.

His brother Stuart used to want to hang around with his older brother Stephen and his friends. Stephen sometimes let him join in computer games with his friends. He was a kind and caring brother.

The Lawrence family were always busy and the siblings, Stephen, Stuart and Georgina had more and more activities to attend as they grew up. There were always jobs around the house and Stephen helped with bits of shopping too and was even allowed to go to the library on his own to change his books. He was independent and trusted.



Stephen used to help with the family rota of chores and even though his washing up turn fell on Christmas day one year; he still did every bit of it and it took him two and a half hours! He enjoyed helping his family.

Stephen loved music and earned a little money helping his father with painting and decorating and he had a Saturday job in a shop in Camden town. He could buy all the music he loved. He and his best friend Elvin used their skills and talents to paint and draw bands and famous people for their friends. Stephen had many friends and was well liked and popular because of his kindness.

We know that Stephen's kindness was appreciated and recognised by family and friends.

Stephen wanted to be an architect. His drawing ability was excellent. This means Stephen could have gone on to design all sorts of buildings that helped people. Schools, hospitals hotels or even concert and football stadiums. Stephen had the potential to bring even greater joy and kindness to others around the world.

On World Kindness day, Friday November 13th, think about how you can bring kindness to others just like Stephen. What would you want your legacy to be?



World Kindness Day challenges



- **Have a bake-off competition! You could make a cake with the theme of 'Friendship' or 'Kindness.' You could even make peppermint creams like Georgina did for Stephen.**
- **Get friends and family to sponsor you to do a specific job in the house for a whole month! You must do this chore every day, for a whole month, no excuses! Donate the money raised to a Charity of your choice or the Stephen Lawrence Day Foundation.**
- **Send a KIND text message to friends and family, see how many you get back!**
- **Say something kind to every person you see and meet on November 13th, World Kindness Day. Make a new friend with someone in school, someone you have never spoken to before. Can you carry this on after November 13th?**
- **Send a 'Kindness' letter to someone you have not seen or spoke to in a while. Make their day! It could be a friend, family member or even your teacher.**
- **Create mosaic 'Kindness' picture frames – a different children is selected each week who has shown real kindness. Make a frame for a friend who has been kind to you.**



World Kindness Day challenges



- Kindness tea party! Each class to make a selection of cakes for a whole school tea party with a buddy. Or you can have 'Kindness' bubble tea parties on the day!
- Make a 'Kindness Kit' full of basics such as soap, flannel toothpaste, packet of biscuits and donate it to the homeless shelter. Organise for the whole class or even school to do this and build it as an annual event. Kindness is also about showing support to those less fortunate than yourself.
- Paint a 'Kindness' pebble and leave it somewhere for someone to find and keep! It could have a small message of hope or pictures on it. Make someone's day!
- Make a 'Hands of Kindness' mural in school of all the children and paint a pledge on each hand on how to be a good friend. People can choose what pledge to write on their handprint.
- Make paper chains of kindness to send to a friend/brother/sister on why they matter to you.
- Make a 'Kindness matters' bookmark and have a sponsored readathon reading about people who did kind acts in history. Eg Mary Seacole. Raise money for charity from the readathon!
- Design your own 'Kindness calendar' to give as gift this Christmas. It could even be an advent calendar with an act of kindness behind each window of opportunity. A month's worth of opportunities for people to show kindness!



World Kindness Day challenges



- Start your own 'Kindness Diary' with the top three kind things you did today! Include pictures to look back on next year. Try and write your Kindness diary thoughts daily if you can.
- Create a 'Class Kindness jar' writing messages about 'Acts on kindness' people have carried out within your class. Read them once a week within circle time and celebrate kind kids!
- Whole school 'Spreading Kindness' display where children can add post it notes with comments about staff and pupils who have made them feel good. Being kind is a good feeling!
- Make 'Cool to be Kind' badges to give to friends and family.
- Take pictures on World Kindness Day and make a memory book full of pictures and poems from the day. You could even be like Stephen and sell the book to parents or people within the community, raising money for a Charity of your choice.

'Try to be a rainbow in someone's cloud' Maya Angelou

